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GENERAL ENGLISH

for MCQs Papers

Special Edition for Sub-Inspector Police Exam

Comprehensive Guide for SUB-INSPECTORS, ASIs,
ADs, Assistants, Clerks & All other MCQS Papers

Highly Recommended Resource for One Paper MCQs Tests
(FPSC, PPSC, SPSC, KPSC, BPSC, AJPSC, NTS & Others)

Complete Coverage of:
Synonyms & Antonyms
Vocabulary Builder
80 Golden Rules for Sentence Correction
Prepositions (Fill in the Blanks)
Sentence Completion & Correction
One Word Substitutions (MCQs + List)
Idioms with Meanings & Usage



Advanced General English For MCQs Papers

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Readers are advised to check and verify answer of each question. We do not take any responsibility of any error in this book. We have given keys as an additional favour. It is the responsibility of readers to get knowledge and search answers at their own.

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6-Week Blueprint for English Mastery: The Ultimate Step-by-Step Roadmap for Competitive Exams”

Part 1 — Foundation & Mindset (Condensed)

Success formula: *Mindset + Structure + Practice > Raw intelligence.*

Treat English as a **skills subject**—**vocabulary, grammar, idioms, MCQs**—not literature.

Replace fear with a plan and consistent execution.

Why Candidates Struggle

- **Neglect & shortcuts:** Years of relying on short notes/guess papers.
- **Pattern blindness:** Panic on synonyms/antonyms/idioms/correction because exam **patterns** aren't studied.
- **All-or-nothing study:** Bursts before exam instead of steady habit.

The Consistency Advantage

Two disciplined hours daily for six weeks beat last-week cramming. The brain retains what is **repeated and applied**.

Micro plan (daily)

- **Vocab:** 30 synonyms + 30 antonyms (learn + revise).
- **Idioms/Substitutes:** 5 + 5 with example sentences.
- **MCQs:** 20 with brief explanations (why others are wrong).
- **Reading:** 10 minutes (note 5 new words).

Six-week payoff

- **1000+** words, **200+** idioms/substitutes, **700–800** MCQs, stronger comprehension.

Turn Weakness into an Edge

Most lose marks in English—**you won't** if you focus here. The “feared” subject becomes your **differentiator**.

Remember: *The subject you fear most can give the highest marks—once mastered.*

Self-Study vs. Academies

- **Academies:** Limited personalization; rushed coverage.
- **Self-study with the right book:** Pace control, targeted repetition, focus on weak areas, time and cost efficient.
What you need: a clear plan, disciplined routine, and **authentic material**.

Motivation: The Hidden Engine

Knowledge and plans fail without **drive**. Tie study to purpose: envision the **Sub-Inspector** badge, public service, stability. When energy dips, remember thousands compete for your seat—**keep moving**.

Quick Mindset Checklist

- English is **manageable** with a system.

- Failures usually come from **neglect**, not low ability.
- **Small daily goals** create big results.
- Make your **weakness your strength**.
- Prefer **disciplined self-study**.
- **Visualize** success daily to stay motivated.

Part 2 — Time Management & Study Structure (Condensed)

Time as Career Currency

Every candidate has 24 hours; the winners **invest** it wisely. Two focused hours daily for 60 days = **120 powerful study hours**. That's enough to cover vocabulary, grammar, idioms, and hundreds of MCQs. The problem isn't shortage of time — it's shortage of planning.

A 2-Hour Daily Routine

1. **Morning (30–45 min): Vocabulary**
 - 25–30 synonyms + 25–30 antonyms.
 - 3-column method: word | meaning | example sentence.
2. **Afternoon (30 min): Grammar**
 - Tenses, prepositions, subject–verb agreement, articles.
 - Write & correct 5 sentences.
3. **Evening (45 min): MCQs**
 - Solve 20–30.
 - Note why wrong answers are wrong.
4. **Night (15 min): Reading habit**
 - Short passage → note 5 new words.

Weekly Strategy

- **Sunday:** Revise vocabulary, attempt 40–50 MCQs, review weak areas.
- Builds retention + exam stamina.

Six-Week Phases

- **Weeks 1–2:** Vocabulary (800–900 words).
- **Weeks 3–4:** Grammar + 80 Golden Rules + 200+ grammar MCQs.
- **Weeks 5–6:** Idioms, one-word substitutes, sentence completion.

Smart Study Principles

- **Environment:** Quiet spot, phone aside, one “English diary” for notes.
- **Active > Passive:** Write, practice, test. Reading alone doesn't stick.
- **Cut wastes:** Social media & idle talk = stolen preparation hours.

Beyond One Exam

This book isn't for a single test. The skills, vocabulary, and rules you gain here become a **toolkit** for Sub-Inspector, ASI, Assistant, PMS, CSS, and beyond. It builds **capability, not just one attempt**.

Quick Takeaways

- Time is your most valuable resource.
- 2 disciplined hours daily is enough.
- Weekly tests + phased syllabus = mastery.

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- Active practice > passive reading.
- Prep here powers **future exams too**.

Part 3 — Vocabulary, Idioms & Memory (Condensed)

Why Vocabulary = Scoring Power

Vocabulary underpins synonyms, antonyms, comprehension, and sentence completion. A gain of even **5–10 vocab questions** can push you ahead of thousands.

Daily Vocabulary Plan

- 25–30 synonyms + 25–30 antonyms.
- Use **3-column notes**: word | meaning | sentence.
 - Example: *Courageous* – *یادار* – *The courageous soldier defended his country.*

This book gives you **1650 synonyms + 1780 antonyms**, manageable in chunks.

Memory Techniques

- **Visualization**: Picture the meaning.
- **Story-building**: Link to a person or event.
- **Rule of Five**: Revise after 1 day, 1 week, 2 weeks, 1 month.
- **Teach back**: Explain to someone else.
- **MCQs under time**: Train recall in exam conditions.

Idioms & One-Word Substitutes

Scoring area — fixed answers, no guesswork.

- Learn **5–10 idioms + 5–10 substitutes daily**.
- Always with **context**.
 - *Break the ice* = Teacher told a joke to break the ice.
 - Traveler from place to place = *Nomad*.

Target: **~500 idioms + 250 substitutes** in six weeks.

Common mistakes:

- Memorizing without examples.
- Ignoring context.

Revision > New Words

The brain forgets fast. Balance new learning with constant review. If you learn 30 today, revise yesterday's 30 as well. Weekly tests cement memory.

Vocabulary Bank = Future Exams

Words, idioms, and substitutes you master now are **universal assets**. They'll help not just in Sub-Inspector exams but also Assistant, PMS, CSS, FPSC, and beyond.

Quick Takeaways

- Vocabulary is the **foundation** of English.
- Small daily chunks → 1000+ words in weeks.
- Memory = visualization + repetition + practice.
- Idioms/substitutes are scoring; always use examples.

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- Revision is the secret weapon.
- Vocab prep supports **all competitive exams**.

Part 4 — Grammar & Sentence Correction (Condensed)

Why Grammar Matters

Vocabulary gives words, but grammar gives structure. In exams, most grammar MCQs revolve around just **five areas**:

- Tenses
- Prepositions
- Subject–Verb Agreement
- Articles (a, an, the)
- Sentence Correction rules

Mastering these = covering the majority of grammar marks.

Tenses in Exams

Look for **time indicators** (yesterday, now, tomorrow).

- Wrong: *He go to school yesterday.*
- Right: *He went to school yesterday.*

Prepositions (Common Traps)

- He is good **at** maths.
- She is married **to** a doctor.
- I am interested **in** music.
- ✂ These cannot be translated directly; memorize usage.

Subject–Verb Agreement

The verb must match the subject:

- Wrong: *He don't like tea.*
- Right: *He doesn't like tea.*
- Wrong: *The players was tired.*
- Right: *The players were tired.*

Articles — Small Words, Big Marks

- **a** before consonant sounds → *a book, a university.*
- **an** before vowel sounds → *an apple, an hour.*
- **the** for unique nouns → *the sun, the Quran.*

Sentence Correction MCQs

These mix vocabulary, grammar, and logic.

- Wrong: *He is senior than me.* → Correct: *He is senior to me.*
- Wrong: *She did not knew the answer.* → Correct: *She did not know the answer.*

Strategy: Read slowly → spot tense/preposition/article/verb traps → eliminate wrong options.

Golden Rules (from this book)

Examples:

- After *did*, use base verb.

- Superior/junior/senior/elder take *to* not *than*.
- Certain words demand fixed prepositions (fond of, afraid of, angry with).

Practice for Mastery

- Daily correction drills (5 sentences).
- Peer exchange for spotting mistakes.
- 20 grammar MCQs per day.
- Translate short Urdu → English for tense/article practice.

Beyond Exams

Grammar practice builds **exam confidence** and improves everyday speaking/writing — a lifelong skill.

Quick Takeaways

- Focus only on **high-frequency rules**.
- Tenses, prepositions, S-V agreement, articles = core.
- Sentence correction is predictable with practice.
- Daily drills + MCQs beat passive reading.
- Strong grammar = long-term career advantage.

Part 5 — MCQ Practice, Mock Tests & Exam-Day Strategy (Condensed)

Why MCQs Decide Success

Competitive exams are about speed + accuracy under pressure. MCQs test both **knowledge** and **decision-making speed**. Even if you've studied, without MCQ practice, marks slip away.

Daily MCQ Routine

- Solve **20–30 MCQs daily**.
- Note why wrong options are wrong.
- Keep a **mistake notebook** → revise weekly.

👉 In 6 weeks = **700–800 MCQs** solved.

Weekly Mock Tests

- Start in **Week 3**: 50 MCQs in 30 minutes.
- By **Week 6**: attempt **two full mocks (100 MCQs each)** under official time.
- Builds stamina + exam pressure tolerance.

Analyze Mistakes

Don't just "check answers." Review thoroughly:

- Spot weak areas (prepositions, idioms, vocab).
 - Record repeated errors.
 - Revise those rules before next test.
- This cycle = practice → error → fix → improve.

Time Management in the Exam

- **First Round**: Solve all easy questions (≤30s each).
 - **Second Round**: Return to moderate ones.
 - **Third Round**: Attempt the hardest last.
- This prevents time loss and panic.

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Guessing or Leaving Questions

- If **negative marking**: guess only if you can eliminate 2+ wrong options.
- If **no negative marking**: attempt everything.

Calmness = Extra Marks

Stay composed:

- Deep breaths before starting.
- Skim the paper quickly.
- Begin with easy questions for confidence.
- Don't freeze on one item — move on.

Exam-Day Checklist

Night before:

- Revise summaries & error lists only.
- Sleep 6–7 hours.

On the day:

- Bring roll slip, ID, stationery.
- Avoid last-minute cramming.
- Enter hall with confidence: *"I'm prepared."*

Advantage of This Book

With vocab, grammar rules, idioms, substitutes, and thousands of MCQs, this book is a **training ground**. It doesn't just target one exam — it prepares you for **all future tests**.

Quick Takeaways

- Daily MCQ practice = scoring edge.
- Mock tests build time & pressure handling.
- Analyze mistakes to improve.
- Use 3-step time strategy in exam.
- Guess smart, not blind.
- Stay calm → confidence adds marks.
- This book = toolkit for multiple exams.

Part 6 — Motivation, Confidence & Long-Term Preparation (Condensed)

Why Motivation > Knowledge

Thousands begin prep but quit midway. Success isn't about IQ — it's about **perseverance**. Treat prep as a **marathon**, not a sprint. Daily remind yourself: *"I'm not just studying for an exam, I'm building my future."*

Building Confidence

Confidence comes from **small daily wins**:

- Learning 30 new words.
- Solving MCQs correctly.
- Scoring higher in a mock test.

Celebrate these — they remind you that progress is real. On exam day, confidence is the memory of practice.

Overcoming Fear & Doubt

Fear of failure paralyzes many. Replace “*What if I fail?*” with “*What if I succeed?*”

Practical tools:

1. **Visualization:** Imagine yourself solving calmly.
2. **Affirmations:** Repeat “*I am prepared, I will succeed.*”
3. **Breathing control:** Calm nerves before test.

Consistency Beyond One Exam

Preparation should not die with one result. Solid foundations in **vocabulary, grammar, idioms, MCQs** serve you in **Sub-Inspector, ASI, Assistant, PMS, CSS** and beyond. Every exam = another opportunity.

Self-Discipline = Habit Power

Motivation starts you, but discipline sustains you.

- Fix a **timetable** and follow daily.
- Apply the **no-excuses rule**: even 30 minutes counts on tough days.
- Reward yourself after weekly goals.

Over time, study becomes habit — stronger than mood.

Handling Setbacks

Failure is feedback, not final. Edison called 1,000 failures “1,000 steps to success.” Every exam teaches weaknesses to fix for the next.

Staying Positive

Ignore negativity (“impossible,” “only references work”). Real success goes to those who persist. Focus on your effort — not noise.

The Sub-Inspector Badge = Inspiration

This post is more than a job — it’s honor and service. Each MCQ solved is a step toward that badge. Let that inspire your study.

Final Advice

1. Stay consistent with daily study.
2. Trust your preparation.
3. Think long-term — multiple exams ahead.
4. Ignore negativity.
5. Never quit — every attempt strengthens you.

Quick Takeaways

- Motivation fuels perseverance.
- Confidence comes from practice.
- Replace fear with positivity.
- Discipline builds unshakable habits.
- Failure = feedback.
- Prep here = multiple exams ahead.
- Sub-Inspector role is **honor — let it drive you.**